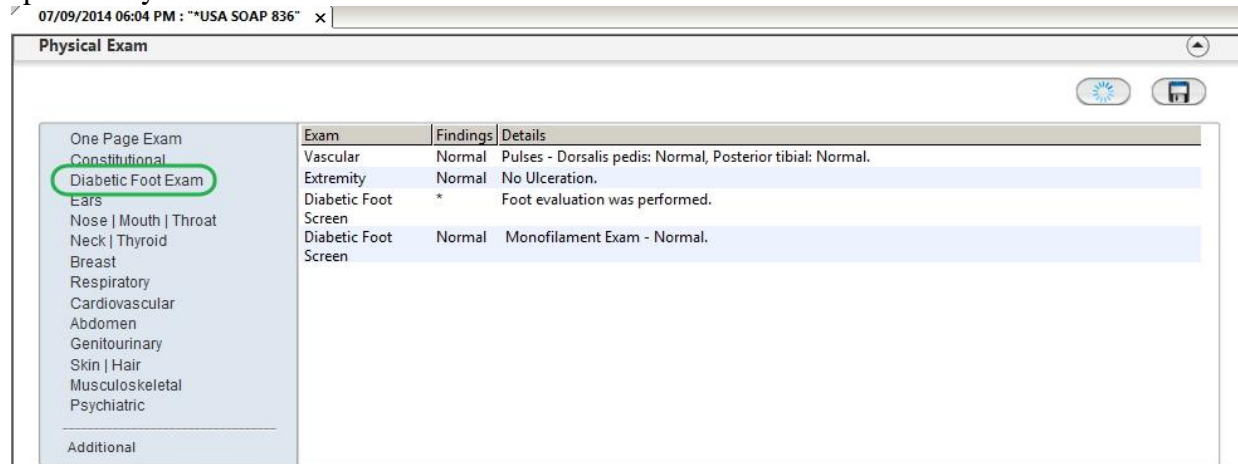


# Diabetic Foot Exams

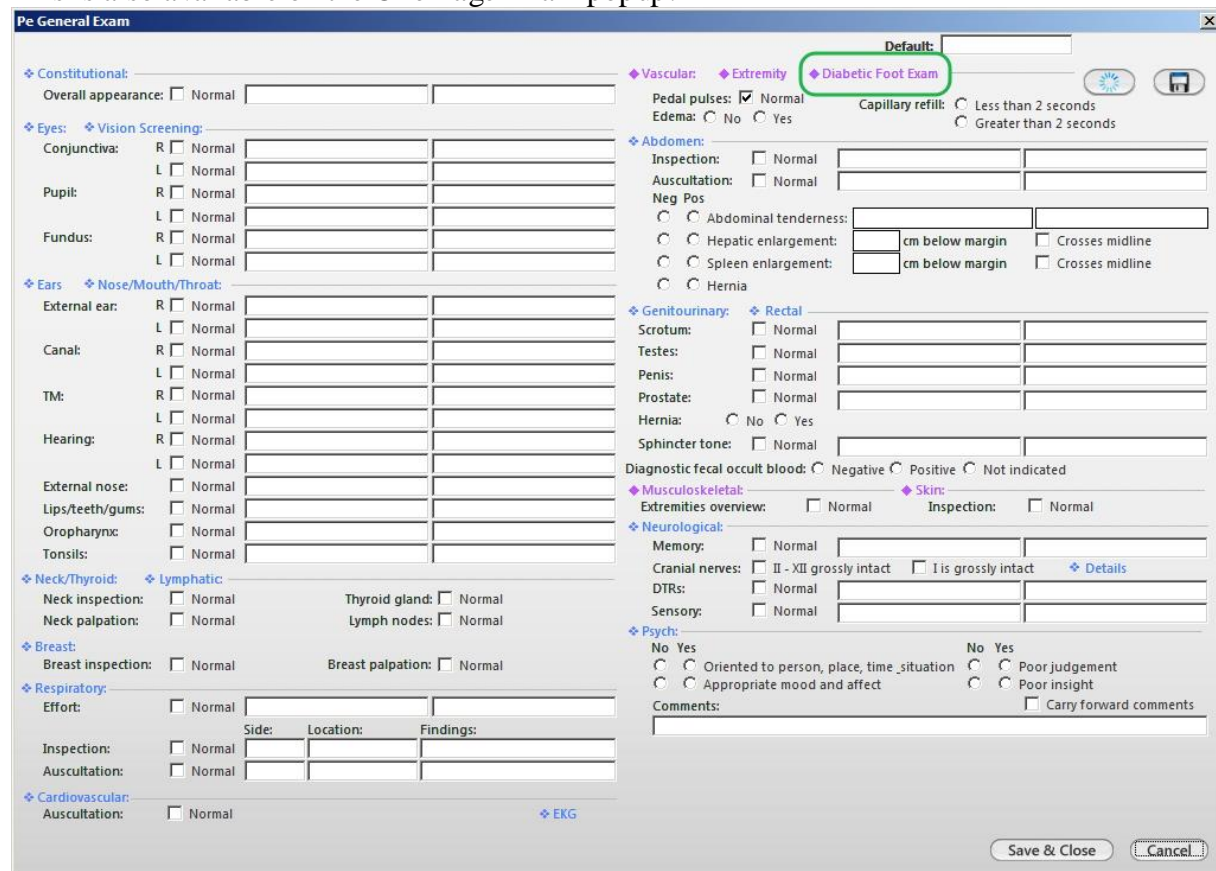
(KBM 8.3.6, 6/30/14 or later)

Here is how to document a comprehensive “diabetic foot exam” in our current version of NextGen.

On the physical exam section of the SOAP tab, notice you now have direct access to a link specifically for the diabetic foot exam:



This is also available on the One Page Exam popup:



Here is the diabetic foot exam popup:

The screenshot shows a 'Diabetic Foot Exam' form with three main sections highlighted in green:

- Visual Inspection:** Includes checkboxes for 'All normal', 'Right normal', and 'Left normal'. It has input fields for 'Change in the foot since last evaluation?' and 'Weakness in the ankle or foot?'. There are also fields for 'Foot Structure', 'Nails', and 'Ulceration' with various sub-inputs for location, side, size, severity, and status.
- Pulse Exam:** Includes input fields for 'Dorsalis pedis' and 'Posterior tibial' pulses on both 'Right' and 'Left' sides, with 'Normal' checkboxes. It also has fields for 'Brachial systolic pressure', 'Ankle systolic pressure', and 'Ankle Brachial Index'.
- Sensory Exam:** Includes a 'Monofilament Exam' section with 'Abnormal' and 'Normal' radio buttons. It has input fields for 'Vibratory sense', 'Two Point Discrimination', and 'Achilles reflex' on both 'Right' and 'Left' sides.

Other sections of the form include 'Foot Measurement/Footwear Evaluation & Counseling', 'Diabetic Patient Counseling', and 'Exam' (the overall section header).

There's enough stuff on this popup to keep a podiatrist busy for half an hour. But the key to getting "credit" for a "diabetic foot exam" is to answer at least one question from the 3 sections highlighted above: Visual Inspection, Pulse Exam, & Sensory Exam.

While different organizations & insurers provide varying recommendations about diabetic foot exams, a conservative distillation of guideline clearinghouses would be:

- At any visit addressing diabetes, remove shoes, inspect feet, & instruct patients to do self-inspections.
- Do a comprehensive exam of the above 3 components yearly.

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